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SHE AND HIM AT IT AGAIN

ZOOEY DESCHANEL AND
M. WARD TEAM UP ONCE
MORE, THIS TIME WORKING
ON A COVERS ALBUM **PAGE 18**



Life as a New Delhi rag picker

Poverty drives families to
pick through landfill — a
high-risk, low-pay job **PAGE 13**

Social media vs. happiness?

Therapists see connection
between social networking
and self-judgment **PAGE 20**

End of the line for old meters

Pay-by-plate coming.
Coin-operated meters
could be antiques by
Canada Day, as city
out with tender on
new machines



**RYAN
TUMILTY**
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Coin-operated parking meters in Edmonton have a tentative date with the scrap heap, with the city looking to phase all of them out by July 1 next year.

After a successful pilot, the city is now out looking for bidders on a project that would replace all of the city's 3,300 coin-operated meters with pay-by-plate technology.

The new system could allow drivers to pay by credit card, phone or coins, but instead of being connected to an individual meter, it would be connected to their licence plate.

The idea has been floating around city hall, using technology the City of Calgary developed. Originally,

the plan was to remove Calgary's machines while the bidding process was underway, but city officials said they're just too popular to remove.

"It would be difficult for us now to tell people you can't use their credit card again," said Bohdan Maslo, the city's acting director of transportation operations.

James Donahue, who's overseeing the project, said the city has an email for complaints with the new system, but it's seldom used.

"I'm probably seeing maybe one or two emails a month," he said.

Donahue said the city is getting a positive response from bidders on the tender, which closes in late December. He said the city is looking for machines that will come with capabilities even the pilot machines don't currently have.

"We're trying to future-proof our decision, so we have all kinds of possibilities," he said.

Donahue said the city hopes to take delivery of the new machines starting in April or May of next year and start the roll-out right away.

Tender underway

The city is looking to replace the current 3,300 meters with around 400 of the new machines, which cover a wide area.

- The machines the city is buying could allow you to top-up your parking meter by phone if you need more time.

He said staff have already started scouting spots for the new machines, but stressed many things could happen that would delay the target date.

"We're going to do our best to try and meet that," he said.

Jim Taylor, executive director of the Downtown Business Association, said the new machines can't come soon enough.

"This is nothing but good news for downtown especially, but for the city as a whole," he said.

The current operating budget proposes to add new staff to help manage the new program. Maslo said the data the machines provide would be really helpful to the city, for deciding on parking areas and rates.

"The new technology is going to give us data that we currently do not have, for looking at the different occupancies of the different zones."



SLUMPING OILERS TRY TO SLIP UP COYOTES

The Arizona Coyotes' Martin Hanzal is checked by the Oilers' Oscar Klefbom during first-period NHL action in Edmonton on Monday. For the final score and game story, go to metronews.ca.

JASON FRANSON/THE CANADIAN PRESS

In with the new

"This is nothing but good news for downtown especially, but for the city as a whole."

Jim Taylor, executive director of the Downtown Business Association, who says the new pay-by-plate machines can't come soon enough



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Design

Velodrome moves ahead

The wheels are now in motion on the proposed Coronation Community Recreation Centre and velodrome after council gave approval to some design work.

Councillors approved \$1.45 million to finish the design and have committed to fund the \$112 million project in 2018, if the velodrome association manages to raise the \$20 million it has promised.

RYAN TUMILTY/METRO

Educational centre

Sacred site secures cash

City councillors agreed to fund \$2 million toward the Kihciy Askiy Sacred Earth site in the city's river valley. The site, located on Fox Farms, is meant to be an educational and ceremonial centre for aboriginal groups.

Mayor Don Iveson said it was an important project for the city to fund and he hoped other governments and groups would also get on board. RYAN TUMILTY/METRO

Rosssdale

Fire station to re-open

The controversial Rosssdale Fire Station will get the money it needs to re-open. After a spirited debate, Coun. Michael Oshry withdrew a motion to de-fund the \$4.8 million re-activation.

The station will be the home for river rescue, as well as a back-up station to the downtown core.

RYAN TUMILTY/METRO



The capital budget debates are expected to continue into Tuesday, after councillors approved some design funding for a new west-end rec centre on Monday. RYAN TUMILTY/METRO

West-end rec centre gets design funding

Half-measure.

Cash falls short of community request



RYAN TUMILTY
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A recreation centre in the west end moved a step closer to reality Monday, but not close enough for west-end residents or their councillors.

City councillors voted 10-4 against funding the \$10.5 million for full design of the proposed project in the Lewis Farms, but they did vote unani-

Quoted

"It gives us the opportunity to get this thing built in six years instead of eight or nine or 10."

Coun. Michael Oshry on why he supported the full design for the west-end rec centre.

mously to fund \$3.5 million for a schematic design for the project.

Coun. Michael Oshry pushed for the full funding so the project would be ready for full construction in four years. He said he didn't want council to show anything but full support to get the project moving.

"We need to commit to doing things or things get delayed," he said.

Oshry said people in the west end deserve to see the project move forward.

"They have been waiting around in the west for five, six, seven years," he said. "We're talking about little kids and families in the west end who have no access to facilities."

Jason Rumer, president of the Glastonbury Community League, said residents in the area had hoped to see the design and the construction funded.

"We recognized that was too big of an ask, so we scaled that back," he said.

Rumer said not having the full design approved is a little discouraging, but he's pleased to see a step forward.

"I'm happy that council did recognize the need for some funding for this project," he said.

Mayor Don Iveson said the city knows the centre is needed.

"Everyone here understands that the next priority for rec centres is the west end," he said.

Iveson said the city has to arrange the land and it's only prudent to wait on that to be finished before full design is done.

"It should absolutely not be interpreted as a desire to delay the project."

1 NEWS



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Province: 94 gay-straight alliances in schools, 1,400 support groups

GSA showdown.

Liberal bill quashed by Tory offering Monday



JEREMY NOLAÏS

Metro in Calgary

New data from the province suggests there are hundreds of school groups in Alberta designed to support diversity, LG-BTQ community members and protest bullying.

Alberta Education said Monday a survey of the province's 61 school boards, one ordered by Education Minister Gordon Dirks, found 1,400 support groups already exist, 94 of which were classified as gay-straight alliances.

The information was sup-

plied Monday just as Premier Jim Prentice pre-empted a private member's bill that would guarantee students the right to form such an alliance in their school.

The Tories' Bill 10 also revokes the right of parents to pull their children out of class if sexual orientation is discussed, said Sandra Jansen, the backbench MLA sponsoring the bill.

"We're moving forward incrementally," said Jansen, a longtime advocate of LGBTQ issues. "We have to get everybody on the same page on this."

Jansen said the government will push to raise awareness of gay-straight alliances with school boards.

"We are continuing to have those conversations and I believe at the end of the day we're going to get to the point

where there's no school in the province that will refuse (the alliances)."

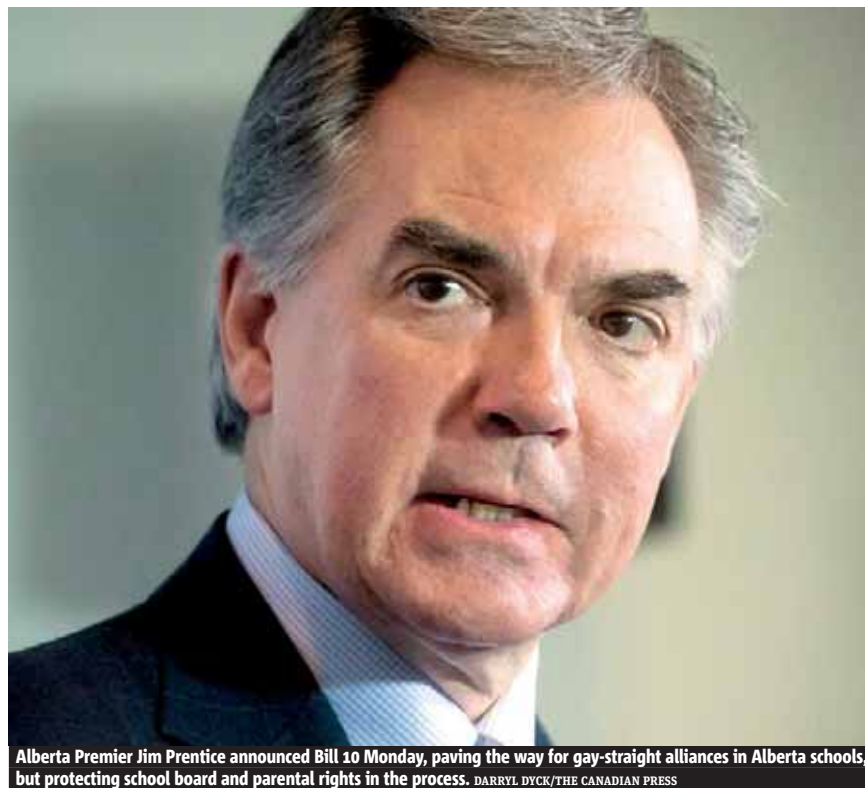
The bill was signalled last week by Prentice as a way to settle what he said was becoming a polarizing and unfairly divisive debate over how the province treats gay students.

The bill will amend Alberta's Bill of Rights to make it clear that Alberta respects the gay community but also respects parental rights.

To that end, it will allow students to form gay-straight alliances in schools but gives schools the final say on whether to allow them. If the school says no, students can appeal to the school board, and finally to the Court of Queen's Bench.

For his part, Dirks said in an emailed statement to Metro that the data on support groups was "very encouraging" and a "clear indication that local school boards are providing important supports to students in their schools and communities, and are meeting their responsibility of ensuring a safe, caring and respectful environment in our schools."

WITH FILES FROM THE CANADIAN PRESS



Alberta Premier Jim Prentice announced Bill 10 Monday, paving the way for gay-straight alliances in Alberta schools, but protecting school board and parental rights in the process. DARRYL DYCK/THE CANADIAN PRESS

Quoted

"We are continuing to have those conversations and I believe at the end of the day we're going to get to the point where there's no school in the province that will refuse (gay-straight alliances)."

Sandra Jansen, backbench MLA sponsoring Bill 10 and longtime advocate of LGBTQ issues

Parents should be aware of sex ed, religion in class: Province

Allowing parents to exempt their children from classroom lessons on sexuality and religion is doing more harm than good, says one Calgary researcher.

On Monday, Premier Jim Prentice tabled a new legislation to amend the province's bill of rights, which removes Section 11.1.

That section contains a controversial rule that requires schools to give parents a heads-up when certain topics were covered in class — while adding a similar section to the School Act.

University of Calgary education major Alix Esterhuizen said to date there have been only three occasions where

parents complained to government under the section.

Two of the cases came from Morinville, where secular parents complained to the province after their children received lessons at the Catholic high school on religion, said Esterhuizen.

The parents said there had been no forewarning of

certain religious studies in the classroom, which Esterhuizen said was a last resort for the group that had been advocating for a public school in the town.

Rather than protect students, Esterhuizen said the section is more likely to cause teachers to self-censor in fear of complaints or reprisal.

"There's this interesting intersection that, yes, it's been primarily used formally to defend secular spaces, but the process itself is rather ineffective and there's a lot of damage being done at an informal school level where teachers are self-censoring," she said.

LEAH HOLOIDAY/METRO

Third complaint

The third complaint came from Edmonton, when a mother and daughter filed a complaint about an abstinence-only, Christian group that was hired to teach sexual education classes.

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211 sees big spike in calls

New campaign.

Initiative encourages people to call for homeless in need



RYAN TUMILTY
ryan.tumilty@metronews.ca

A campaign to get Edmonton-

ians to reach out when they see someone in need seems to be showing results, as the Support Network has seen a 500 per cent jump in calls.

The Just Call 211 campaign was launched in early November and encourages people to call the number if they see a homeless person who appears to be in distress.

Mina Ghoreishi, a supervisor with the Support Net-

work, says they have seen 260 calls from people looking to get help for those in need.

"We have seen definitely an increase in the call volume," she said.

She said the weather is obviously a driver of the increase but believes the marketing campaign is adding a significant boost.

The 211 operators pass the calls along to members of the

24/7 Map team, which is overseen by the Bissell Centre.

Matt Ashdown, who manages the program, says the increase has been noticeable.

"On Friday night the team had 24 calls, which is quite a large number for two people in one vehicle to respond to," he said.

Ashdown said they have seen families with children living in the river valley and



The 24/7 Map team responds to 211 calls and can help the homeless find shelter or offer warm clothes. RYAN TUMILTY/METRO

encountered people facing frostbite and hypothermia. He believes it's a good sign of

Edmonton's compassion. "It says a lot about our city."



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Grand theft auto. Collector cars vanish from Spruce Grove-area home

Two rare collector cars have gone for a ride without their owner's OK, and the RCMP are hoping someone from the public can help find them.

A man came home in mid-November to the Golden Spike/Graminia area, just south of Spruce Grove, to find two cars had been taken from his garage, with no sign of forced entry.

The first car is a 1990 Jaguar XJS convertible, and the second is a light-blue 1971 Rolls Royce Silver Shadow.

Anyone with information relating to this case is asked to call the Spruce Grove/Stony Plain RCMP at 780-968-7200. If you want to remain anonymous, you can contact Crime Stoppers by phone at 1-800-222-8477. **METRO**



This stock photo shows one of the cars that went missing from a Spruce Grove-area home. CONTRIBUTED

60,000 litres

CNRL seeks cause of pipeline spill

Canadian Natural Resources Ltd. said Monday that it's working with the Alberta Energy Regulator to find out what caused 60,000 litres of

crude to spill from a pipeline in Northern Alberta.

The company and regulator say there was a "mechanical failure" on the pipeline in an area some 375 kilometres northwest of Edmonton.

THE CANADIAN PRESS



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Donald Scott is seen earlier this year being sworn in as Alberta's new advanced education minister. The minister has said no decisions have been made for the upcoming budget and funding for post-secondary institutions after cuts in 2013. METRO FILE

No decision on school funding

Fiscal challenge.

Minister Don Scott says no resolutions have been made on potential post-secondary funds



LEAH HOLOIDAY
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Premier Jim Prentice's campaign promises to reinstate funding — chopped from the budgets of Alberta post-secondary institutions two years ago — face uncertainty as the price of oil continues to waiver.

According to Innovation and Advanced Education Minister Don Scott, the upcoming budget will be challenging for the province, yet no decisions have been made for potential post-secondary funding.

"We're obviously facing a very challenging fiscal reality with the price of oil being where it is. Alberta's economy is subject to market swings and changes with the global economy," said Scott.

Two years ago, the sector faced a total of \$147 million in budget cuts, forcing many

institutions to cut programs, staff and student spaces.

Since then, the province has returned \$82.5 million in funding.

University of Alberta Student Union VP Navneet Khinda said it seems as if the government is trying to lower everyone's expectations, despite a campaign promise from Prentice to restore slashed funding.

"The language is quite indicative of what the government is going to do in the future," she said. "That worries me a lot."

Two weeks ago, Khinda and fellow post-secondary students rallied at the Alberta Legislature to protest proposed market modifiers. Despite the student support, it seems the government is resorting to its old ways, she said.

"It's unacceptable that the changes in revenue, that fluctuate so much based on commodities, indicate the future of our education," she said.

"That's the first thing we're going to see get cut."

Follow Leah Holoday on
Twitter @Metro_Leah

Tracking your bus

Council approves Smartbus funding, set to rollout in 2019

Want to know where your bus is? Transit users will eventually be able to track more ETS buses as city council approved Monday the \$10.15 million needed to fund the Smart Bus initiative.

Coun. Michael Walters

said the Smart Bus plans comes in at "appropriate timing," as the city gets ready to get smart fares on Edmonton transit.

As per a prior report presented to city committee, administration recommended that both the smart fare and Smart Bus plans be rolled out together to save the city \$5 million in the future since both transit initiatives use the same technology. If council waited, it would have meant \$16

million would be spent to do the Smart Bus technology at a later date, Lorna Stewart explained to the committee back in October.

The city's two-phase plan would see smart fares rollout in 2018-2019, with Smart Bus equipment installed on buses in 2019 and 2020.

A city report says the Smart Bus plans will mean "improved fare enforcement" and "a wider range of fare policy options."

The smart fare plan,

which is being pursued jointly by Edmonton, St. Albert and Strathcona County, was to set up a regional system that would allow users to pay for transit across all three systems with swipe cards. The total cost for a smart bus/smart fare regional project would cost Edmonton \$55.5 million. **STEPHANIE DUBOIS/METRO**

Follow Stephanie Dubois on
Twitter @MetroSteph



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Get grades via text

MacEwan University launches app

Students at MacEwan University are now just a tap away from checking their grades and searching their class schedule.

The university launched

its new myStudentSystem app Monday, which allows students to search classes, financial information and application status on their smartphone.

"Students who download the app and set up notification preference will be able to receive final grade notifications via text messages or email," said Students' Association

president Cam McCoy in a release.

"This project is student-requested and student-funded," he added.

The app also allows students to enroll in classes, which will hopefully alleviate stress during the registration period, noted Cydney Peck from MacEwan's registrar's office.

METRO

Temperatures of -35C

Officers rescue injured hiker stranded in snow, cold in Kananaskis

Alberta Mounties used snowmobiles to rescue hikers stranded in deep snow and plunging temperatures in Kananaskis on the

weekend.

Cpl. Tiffany McGregor says three men from High River and Okotoks had been hiking in the area since early Saturday.

Late in the day, one of them had trouble with his knees and could no longer walk.

Another man in the group walked two kilometres to a road where he

was able to get cell service and call for help.

McGregor says police and conservation officers used snowmobiles to get the remaining pair out of the bush about 1 a.m. Sunday.

She says temperatures had dipped to about -35 C, but the men were wearing proper clothing and were cold but not hypothermic.

THE CANADIAN PRESS

Edmonton's first bodega: Subs and photocopies in one place

A taste of New York.
Popular NYC-style convenience store coming to Whyte



STEPHANIE DUBOIS

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The New York City-style bodega will make its way to Whyte Avenue soon, according to city officials who say a development permit was approved Nov. 25.

The building on the corner of 104 Street and Whyte Avenue has remained vacant since the previous tenants, the Tilted Kilt Pub and Eatery, shut down earlier this summer.

With the recent permit approval, the street-level of the building has been approved to "change the use of a portion of an existing bar and neighbourhood pub to a general retail store with accessory specialty food services use," said city officials.

"It's like a retail outlet

where you buy items but there's also the other stuff like photocopy, send mail, get a sub," said spokeswoman Lisa Sobchyshyn.

A company name hasn't been released yet, but Sobchyshyn added the permit approval will allow the future business to also do "interior alterations to the main floor and basement only."

Murray Davison of the Old Strathcona Business Association says he hasn't received confirmation on the name yet, but heard it would be "old bodega style, convenience foods" business.

"If you think of New York and a bodega, then that's what it could be," he said.

The Whyte Avenue location of the Tilted Kilt pub opened in 2011 and was the first of its kind in Canada, according to the company's Twitter account.

There's no word yet when the business is set to open on the popular entertainment avenue, says city administration. Tilted Kilt currently has a location open in west Edmonton on 90 Avenue.



A new convenience-store-type business is set to open on Whyte Avenue. STEPHANIE DUBOIS/METRO

Wayfinding RFP scrapped as bidders go over budget



An RFP for wayfinding design guidelines was cancelled after the best evaluated bidder couldn't meet the financial scope put forward by the city. METRO FILE

Designs for wayfinding in Edmonton will be delayed, because city officials were forced to suspend a request for proposals (RFP) when bidders came in above the asking price.

According to Ian Hosler with Walkable Edmonton, the RFP was asking a third party to create guidelines for wayfinding in Edmonton for both pedestrians and cycling as per the call for submissions posted in October.

But money talks and the

RFP was cancelled due to bidders going over the budgeted amount the city was given to pursue the first step in the wayfinding project.

"We're going to re-evaluate the scope of the RFP," said Hosler.

He added the document will give the "look and feel" for wayfinding and would be as specific as outlining certain colours for certain routes or signage for pedestrians.

"Our end goal is to get way-

finding on the street," he said.

City officials say the revised RFP will be posted again in the early new year, which "sets us back a few months," according to Hosler.

Currently wayfinding has no dollars associated with it in the budget before council, with city officials stating the RFP will at least get the ball rolling if funding for the whole project doesn't move forward.

STEPHANIE DUBOIS/METRO

Pricey signage

The scope of the entire project — which includes more signage in the downtown core but also in the River Valley and in the Quarters — has an estimated cost of \$10 million, with some of the signs fetching \$10,000 to \$15,000 each.

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Homicide rates drop 8% in 2013: StatsCan

1.44 victims per 100,000 people. Crime rates also lowest since 1966, Statistics Canada says

The country's homicide rate fell last year to 1.44 victims for every 100,000 people, its lowest level since 1966, Statistics Canada reported Monday.

The agency said the 2013 rate was eight per cent lower than in 2012.

That follows reports that the overall crime rate also declined in 2013 compared with 2012, falling eight per cent to its lowest level since 1969.

Statistics Canada said last summer that the crime rate was continuing a long-term downward trend that began in the early 1990s. But the drop in murders and a falling crime rate overall haven't deflected the Harper government from its tough-on-crime agenda.

The Fraser Institute reported in September that police costs

The North

Nunavut, with 11.24 per 100,000, and the Northwest Territories, with 4.59, reported homicide rates higher than any province, while there were no homicides in Yukon.

have soared even as crime falls. And while police cost more, their workload dropped, the report added.

The latest statistics say police reported 505 homicides in 2013, down 38 from the previous year.

Statistics Canada attributes the overall decrease in homicides in 2013 to a drop of 40 deaths reported in Quebec after two years of higher-than-average numbers of homicides in the province. Quebec reported 68 homicides in 2013, representing a rate of 0.83 per 100,000 population, the lowest rate recorded in the province since reporting began in 1961.

Six provinces reported mod-

est increases in the number of homicides in 2013, although even with those increases, the homicide rates in nearly every province and territory were below their 10-year averages in 2013. The exceptions were Newfoundland and Labrador and Prince Edward Island, where the 2013 homicide rates were above their previous 10-year average.

Homicide rates continued to be generally highest in the West and the North. Provincially, Manitoba reported the highest homicide rate with 3.87 per 100,000 population, followed by Saskatchewan with 2.71, Alberta at 2.04 and British Columbia with 1.66.

Among metropolitan areas, Regina reported the highest homicide rate at 3.84 per 100,000 population, followed by Winnipeg and Thunder Bay.

Homicide rates were below the national average in Toronto and Montreal, with rates of 1.34 and 1.08 respectively. Vancouver, at 1.72, was above the national average. **THE CANADIAN PRESS**



Catharine Sloan



Lori Baldwin-Sands

Family feud or political fun?

For voters in the St. Thomas, Ont., area who might be weary of mean, nasty, personal campaigns that are short on substance, next year's federal election might hold a pleasant surprise. Municipal politician Lori Baldwin-Sands, pictured at right, has been acclaimed as the Liberal candidate in Elgin-Middlesex-London. Her daughter, financial-sector worker Catharine Sloan, pictured at left, has a shot at the Conservative nomination coming up on Dec. 6. Little chance here of the campaigns going negative, as mother and daughter say they are committed to fighting it out on the issues. **HANDOUT/THE CANADIAN PRESS**

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Right to housing. Landmark charter challenge quashed

Ontario's Court of Appeal has quashed a landmark charter challenge on the right of homeless Canadians to affordable housing.

But the divided decision by the three-judge panel, released Monday, leaves the door open to an appeal to the Supreme Court of Canada, say lawyers who launched the case in 2010 on behalf of four homeless and precariously housed Torontonians and an affordable housing advocacy group.

Janice Arsenault, a formerly homeless woman named in the case, and other applicants say Ottawa and Queen's Park are violating their charter rights to equality and "security of the person."

As a remedy, they are seeking a court order requiring the provincial and federal governments to develop provincial and national housing strategies.

But in her ruling for the majority, Justice Janice Pardu said their request "takes the court well beyond the limits of its institutional capacity."

Quoted

"Housing is a fundamental human right ... I'm involved in this case not just for myself. I want to fight for this right for my family, and for everyone in Canada."

Janice Arsenault, a formerly homeless woman named in the case.

The Superior Court justice who ruled in Sept. 2013 against the case going before a full hearing "was correct," she added.

Justice Kathryn Feldman, however, said the case raises important charter questions that "should be put before the court."

"It has been brought by counsel on behalf of a large, marginalized, vulnerable and disadvantaged group who face profound barriers to access to justice," she wrote in her dissenting view. "It raises issues that are basic to their life and well-being."

TORSTAR NEWS SERVICE

Shooting. Bibeau video may not be released: RCMP

A video made by Michael Zehaf Bibeau before he staged his attack on Parliament Hill in October may not be released to the public after all, RCMP commissioner Bob Paulson said Monday.

The opposition New Democrats and Liberals criticized the top Mountie for withholding information that they said was in the public interest, especially since he has already spoken about it publicly.

But Paulson told a news conference on Monday that investigators still need a chance to complete a full investigation of the video, which police recovered in the wake of the deadly Oct. 22 rampage.

Paulson has said in the past that the video laid out Zehaf Bibeau's reasons for the attack, which took the life of Cpl. Nathan Cirillo as he stood sentry at the National War Memorial. Zehaf Bibeau himself was killed moments later in a gunfight inside the Centre Block building on Parliament Hill.

The commissioner had also indicated he wanted to see the video released publicly, but he now says that won't happen.



RCMP Commissioner Bob Paulson
ADRIAN WYLD/THE CANADIAN PRESS

Some version of its contents, such as a transcript, could be released later, he said.

"I had said that I hoped to release the video, but I think it forms a central part of the evidence ... I think we need to think thoroughly through the benefits and the merits of releasing the video," Paulson said.

Paulson earlier told a Senate committee that the video laid out a rationale for the attacks that was rooted in Zehaf Bibeau's religious beliefs and opinion of Canada's foreign policy. THE CANADIAN PRESS

Economic future?

Alta. premier urges national co-operation on pipelines

Alberta's premier is urging the country to get behind several pipeline projects linked to the province's oil sands, warning that Canadians will "feel the pain" if they aren't approved and built soon.

Premier Jim Prentice told an audience in Vancouver that energy development such as Alberta pipelines, and B.C. liquefied natural gas terminals will be at the heart of Canada's economic future. Prentice said the country's existing pipelines will be full by the end of the decade. Without increased capacity, producers would be forced to sell Canadian oil at discounts, he said, which would eat into government royalties and taxes.

The premier pointed to the Northern Gateway, Trans Mountain, Keystone XL and Energy East pipelines, which he described as "nation-building."

THE CANADIAN PRESS

Israeli-Canadian soldier

Woman may not be captured after all, says official

The federal government is now working on the assumption that the reported abduction of an Israeli-Canadian woman by Islamic militants may in fact be false, said a government official, who was not authorized to speak on the record. THE CANADIAN PRESS

Tories vs. Grits

Saga of secret audio recording continues

The latest episode of C.S.I. Canmore involves duelling forensic audio experts. Geoffrey Stewart Morrison, an academic and forensic audio specialist, is questioning analysis that backed the Conservatives' version of who said what in a secretly recorded conversation the party has used to pillory a Liberal candidate in Banff-Airdrie. THE CANADIAN PRESS

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Grant Zazula, a paleontologist in the Yukon Paleontology Program, takes samples from mastodon fossils to be sent for radiocarbon dating in this undated handout photo. He is the lead author on a study that found the bones were almost 60,000 years older than first believed. YUKON PALEONTOLOGY PROGRAM/HANDOUT/THE CANADIAN PRESS

Scientists revise mastodon theory

Cause of death.

Researchers believe the animals, which roamed the Yukon and Alaska, died due to global cooling

Scientists who re-examined the fossils of mastodons that once roamed what is now the Yukon and Alaska have changed their thinking and now believe global cooling likely wiped out the elephant's ancient cousin.

Earlier estimates dated the mastodon bones at about 14,000 years old, but a paleontologist in the Yukon

Paleontology Program says radiocarbon dating now puts the fossils at about 75,000 years old.

Grant Zazula says that instead of dying off at the end of the ice age as first believed, mastodons are more likely to have migrated to the area during a warming trend.

"We know that mastodons — which are relatives of mammoths and elephants — are not really well-adapted to cold conditions because their behaviour and their preferred habitats are forests. They eat forests-type plants," Zazula said.

Experts have always debated what drove so many of the animals to extinction

around the same time.

One theory is that when humans moved in, they hunted the animals to extinction. Another theory suggests climate change at the end of the ice age wiped out dozens of species.

"We know with warming temperatures today, there are animals migrating northward as well. It provides a really interesting comparison from the fossil record of how these animals respond to global warming."

Zazula was the lead author of a mastodon study published this week in the scientific journal *Proceedings of the National Academy of Sciences*.

THE CANADIAN PRESS

Veterans. Opposition demands that Fantino resign

Julian Fantino was greeted Monday in the House of Commons by opposition demands that he step down — but how much of a political liability the veterans affairs minister may be for the Conservative government remains to be seen.

Smelling blood in the water, the third-party Liberals have launched slick online ads to capitalize on the outrage that followed the auditor general's critical assessment of how Veterans Affairs has been treating mentally ill ex-soldiers.

Both the opposition New Democrats and the Liberals piled on during question period Monday — Fantino's first since auditor general Michael Ferguson tore a strip off the government for making soldiers with post-traumatic stress wait up to eight months to find out if they're eligible for treatment.

Opposition Leader Tom Mulcair called Fantino's absence from the Commons an act of "cowardice," and wondered why he continues to have the confidence of Prime Minister Stephen Harper.

"He showed dereliction of duty by fleeing the country," Mulcair said during question period. "Will the minister — for once — do the honourable thing and resign?"

On Nov. 23, the government announced \$200 million in new funding for veterans programs, however opposition questioned Fantino who refused to clarify the plan's numbers. THE CANADIAN PRESS

Religious leadership. Mom urges for tougher rules

Imposing rules on who can call himself or herself a religious leader is essential to combat radicalization in Canada, says the mother of a young man who was caught up in extremist Islam.

Fragile young people too easily fall prey to people who declare themselves holy leaders but who espouse ignorant and potentially violent views, Michelle Walrond told a Senate committee examining terrorism in Canada.

"Eradicating ignorance, which means eradicating influence of foreign-born radicalism, is the only way to ensure safety from extremism," she said.

Walrond told the senators her son became radicalized two decades ago by Muslim leaders financed by foreign sources.

He reportedly stood up at an Ottawa mosque recently and declared that the October shooting of a young Canadian soldier at the National War Memorial was a heroic act.

"I'm totally convinced that if the alternative voice is presented with anything near similar footing, people will naturally be inclined to it," she said, adding people would not act outside their best interests nor Canada's.

THE CANADIAN PRESS

Succeeds Rob Ford

John Tory sworn in as Toronto mayor

The tumultuous era of scandal-plagued Rob Ford came to an end Monday as his successor officially took over as mayor of Toronto.

The first major business of the day for John Tory was a meeting with Premier Kathleen Wynne at the Ontario legislature.

Tory said it was "no accident" he began his mayoralty that way because he plans to fulfil a campaign promise to work with other governments. Tory was sworn in at a private ceremony Monday afternoon ahead of his inauguration Tuesday. THE CANADIAN PRESS

G20 protests

Lawyers concerned about retired judge

Lawyers for some complainants involved in a disciplinary hearing for the most senior police officer — Supt. Dave (Mark) Fenton — charged in relation to mass arrests made during Toronto's G20 summit four years ago are raising concerns about a new retired judge appointed to the proceedings. Lawyers say they've learned "there is a real concern that there may be a reasonable apprehension" that former Ontario Superior Court judge John Hamilton may be biased toward police officers.

THE CANADIAN PRESS

Mother moved to find a better life, returned home with rags

India. After working in New Delhi six months as a 'rag picker,' abandoned mother moves family back to West Bengal

Six months ago, Marjina stepped off a train in New Delhi with her two children, hoping to find a better life after her husband abandoned them without so much as a goodbye.

She thought leaving her home in West Bengal to find work in the Indian capital would give her children a chance at a better life. But the only job she could find was as a "rag picker" — picking through other people's garbage to find salvageable bits to resell or recycle.

It is filthy, dangerous

work, performed by millions of people across India. Rag picking is effectively the primary recycling system in India. But the work is by no means environmentally friendly, and very far from being secure. While the rag pickers offer invaluable services to the city, they have few rights. Every day, they are exposed to deadly poisons.

Marjina, who goes by only one name, and her children — daughter Murshida, 12, and son Shahid-ul, 7 — spent their days at a landfill in Gazipur, on the outskirts of New Delhi. The next morning they would sit outside their single-room shanty and sort the trash into metal, plastic and paper.

The children counted themselves lucky if they found a discarded toy or plastic jewelry to play with. The family earned just \$26 per month. Rent was \$9.



In this Oct. 17 photo, young waste pickers look for recyclable items at a landfill on the outskirts of New Delhi, India. Rag picking is effectively the primary recycling system in India. While the rag pickers offer invaluable services to the city, they have few rights and are exposed to deadly poisons every day. ALTAF QADRI/THE ASSOCIATED PRESS

The work took a toll on the family's health. Marjina's children were constantly sick. Her daughter contracted dengue fever and had to be hospitalized.

Prime Minister Narendra Modi recently launched a "Clean India" campaign asking people to help keep their surroundings tidy. But there were no benefits announced

for people like Marjina.

After months of poverty, illness and shame, Marjina and her children returned to that train station in New Delhi on Nov. 18, headed

Living conditions

Not wanting to raise her children in New Delhi, Marjina, an Indian mother of two, moved back to her home in West Bengal.

- **Negligible difference.** Despite wanting to avoid raising her children in New Delhi's "trash," daily wage labour in West Bengal would earn her barely enough to survive.

back to an uncertain future in West Bengal.

"I do not want my children to die in this trash," she said.

Whatever awaits the family, Marjina said, it could not be worse than life as a rag picker in New Delhi.

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Same market hit

Extremists attack two Nigerian state capitals

Suspected Islamic extremists struck in two state capitals in northeastern Nigeria on Monday, with a deadly double bombing at a crowded market and an attack on a police base.

The attacks were the latest in a week of violence linked to Islamic militants that has killed more than 170 people in northern Nigeria.

Rescue workers were evacuating the dead and wounded from the Maiduguri market, the same one where two female suicide bombers killed at least 70 people a week ago, said trader Bala Dauda.

THE ASSOCIATED PRESS

Bus in northern India

Two women hit back when harassed

A video showing two sisters in northern India hitting back at men who allegedly harassed them on a crowded bus has drawn huge attention in a country where hundreds of thousands of women silently endure sexual harassment daily.

The video, filmed by a passenger and aired on several television channels Monday, shows the two young women hitting, punching and beating their harassers with a belt, as other passengers silently look on. The women, identified only by their first names, Arati and Pooja, said they lashed out at the men after enduring lewd comments and pawing from them. THE ASSOCIATED PRESS

Four dead

Three shootings in West Virginia

Three separate shootings left four people dead in north-central West Virginia on Monday, and state police said they're seeking one suspect in all the shootings.

State police spokesman Lt. Michael Baylous said two of the shootings happened

in the Westover area and the other was in the Cheat Lake area in Monongalia County.

Baylous identified the two victims from the Cheat Lake shooting as Sharon Kay Berkshire, 39, of Westover, and David Frum, 28, of Maudsville.

Monongalia County 911 director Mike Wolfe said police are seeking Jody Lee Hunt, 39, of Westover.

THE ASSOCIATED PRESS

'Hands up. Don't shoot!'

Ferguson.

Protests on football field, at workplaces and in classrooms

Five NFL players entered the football field with their hands raised. A day later, Americans walked out of work or school showing the same gesture of solidarity with Ferguson protesters, after a grand jury decided not to indict the white officer who shot and killed Michael Brown, an unarmed black 18-year-old.

The pose has come to symbolize a movement, even though witnesses offered conflicting accounts of whether Brown had his hands up in surrender when he was killed by Darren Wilson.

Protests turned violent last week in the St. Louis area after a grand jury decided not to indict Wilson for shooting Brown during an August confrontation that had inflamed racial tensions across America.

The power of the symbol was evident again Monday. Protesters across the U.S. walked off the job or away from class in support of the Ferguson pro-

Monday

U.S. President Barack Obama proposed a three-year, \$263-million spending package to increase use of body cameras, expand training for law enforcement and add more resources for police reform. The package includes \$75 million for the small, lapel-mounted cameras to record officers on the job. The White House has said the cameras could help bridge deep mistrust between law enforcement and the public.

testers. Walkouts took place in New York, Chicago, San Francisco and elsewhere.

At the University of Missouri-St. Louis, not far from Ferguson, about 30 students chanted "Hands up. Don't shoot!"

The exact circumstances surrounding Brown's death will forever be in dispute.

Wilson told the grand jury that he shot Brown in self-defence. But several witnesses said Brown had his hands up in surrender. Within hours, "Hands Up. Don't Shoot!" became the rallying cry for protesters. THE ASSOCIATED PRESS



Hong Kong protesters clash with police

In this Monday photo, a protester is arrested by police officers outside government headquarters in Hong Kong as pro-democracy protesters try to surround the headquarters, stepping up their movement for genuine democratic reforms after camping out on the city's streets for more than two months. An electoral pummeling for Taiwan's pro-Beijing ruling party and a new spike in pro-democracy protests in Hong Kong have delivered a reality check to Chinese President Xi Jinping just when he was riding a wave of high-profile diplomacy.

VINCENT YU/THE ASSOCIATED PRESS

Bill Cosby. Comic cuts ties with Temple University

Bill Cosby resigned Monday as a trustee of Temple University following a string of allegations that accused him of drug-ging and sexually assaulting women over many years.

The 77-year-old entertainer has been a highly visible cheerleader of his beloved alma mater in Philadelphia and a board member since 1982.

"I have always been proud of my association with Temple University. I have always wanted to do what would be in the best interests of the university and its students. As a result, I have tendered my resignation from the Temple University Board of Trustees," Cosby said in a statement released by the university. THE ASSOCIATED PRESS

Ebola. Liberia, Guinea meet reduction targets

Liberia and Guinea have met a Dec. 1 target for isolating 70 per cent of people infected with Ebola and safely burying 70 per cent of those who die but Sierra Leone has not, the World Health Organization said Monday.

Only last week, the UN health agency said only Guinea was on track to meet the targets for getting the Ebola outbreak

under control in the three hardest-hit West African countries.

UN Ebola chief David Nabarro, speaking to reporters in Freetown, said, "The intensity of the Ebola transmission in some parts of Sierra Leone is very high and the situation is getting serious each day, and could worsen."

THE ASSOCIATED PRESS

Germany gripped by emotion over slaying of woman



Candles and flowers are placed on Monday on the parking lot where Tugce Albayrak was fatally injured two weeks ago in Offenbach, Germany.
FRANK RUMPENHORST/THE ASSOCIATED PRESS

Tugce Albayrak's dreams of becoming a high-school teacher came to a brutal end one weekend night last month. The young woman of Turkish descent stepped in to protect two teenage girls from harassment at a McDonald's in central Germany, enraging the girls' tormenters.

One of the men allegedly hit the university student in the head in the restaurant's parking lot. She crumbled to the ground. After two weeks in a coma, her parents took her off life support on her 23rd birthday, ending a short life of prom-

ise and courage.

The attack has triggered an outpouring of emotion from a nation that has been grappling with the integration of immigrants in recent years. People of all backgrounds and ages across Germany have held candlelight vigils, holding heart-shaped balloons, red roses and photos of Albayrak. Hundreds of thousands have signed an online petition demanding she be posthumously awarded a national medal of honour.

German President Joachim Gauck paid tribute to Albayrak

as a "role model."

"Where other people looked away," Gauck wrote in a weekend letter to Albayrak's family, "Tugce showed exemplary bravery and civil courage and stood up for victims of violence."

A surveillance video, published online by Germany's top-selling Bild newspaper on Monday, for the first time showed details of the fatal attack on Albayrak at 4 a.m. in the town of Offenbach. It shows an apparently enraged man being held back by another young man as he struggles to reach Albayrak.

THE ASSOCIATED PRESS

In custody

An 18-year-old identified only as Sanel M. is in custody over the attack, said Offenbach police spokesman Ingbert Zacharias.

- He said the Serbian teenager has "been the focus of several police investigations in the past, also in connection with an assault causing bodily harm."

Podcast's star makes last bid for freedom

Adnan Syed. Jailed for life, the then-high school student's fight to prove his innocence is podcast every week almost in real time

A 15-year-old murder case that landed a popular teenager from Baltimore County behind bars for life is being revived in a podcast that offers more questions than answers about the crime.

Millions of listeners are anxiously awaiting the next instalment of Serial, which tells the story of Adnan Syed, a Woodlawn High School student who was found guilty in 2000 of murdering his ex-girlfriend Hae Min Lee. The podcast is the brainchild of Sarah Koenig, who spent more than a year digging into Syed's case and reporting her findings in hour-long segments released online every Thursday.

Nine episodes in, the podcast has attracted more than 1.5 million listeners per episode worldwide and turned



Adnan Syed, in a photo provided by his brother Yusuf Syed. COURTESY YUSUF SYED/THE ASSOCIATED PRESS

Syed into something of a household name, inspiring a dedicated fan base, re-cap blogs and spinoff podcasts.

Syed has been trying to prove his innocence for years — his case is now in its final stages of appeal. A hearing scheduled for January represents what Syed's lawyer, C. Justin Brown, said is his "last best chance" at freedom.

Syed, now 34, was convicted of first-degree murder, robbery and false imprisonment in 2000 and sentenced to life in prison. Prosecutors

said Syed strangled Lee after becoming jealous when the two broke up and she began dating someone else.

The primary points Brown makes in his appeal are some of the same reasons Koenig told listeners in her podcast's first episode: there were no eyewitnesses tying Syed to the crime, and Syed's attorney, Cristina Gutierrez, failed to interview a witness who said she was with Syed at the time Lee was killed. Gutierrez, a high-profile Baltimore-area criminal defence attorney, was disbarred in 2001 when client funds went missing. She died in 2004 of a heart attack.

Brown in his appeal says Gutierrez knew about Asia McClain, a classmate of Syed's who saw him in the library around the time prosecutors say Lee was killed.

"A credible witness — an honours student who had no obvious bias in favour of Syed — had come forward unsolicited with a recollection that she had been with Syed around the time of the murder ... Yet the lawyer did absolutely nothing," Brown wrote.

THE ASSOCIATED PRESS



Poles elect first gay mayor

Robert Biedron, Poland's first openly gay lawmaker, talks to media at the parliament building in Warsaw. Biedron, 38, was elected Sunday to be the mayor of the northern Polish city of Slupsk, making him also the first openly gay mayor in Poland. His political success comes amid growing social acceptance for gays and lesbians in Poland, a conservative and mostly Roman Catholic country. ALIK KEPLICZ/THE ASSOCIATED PRESS

Sweden

Snowden awarded alternative Nobel

Edward Snowden, co-winner of the Right Livelihood Award, has called on the United Nations to propose new measures to protect individual privacy and human rights.

The prize, also known as the "alternative Nobel," recognizes "the work of so many people ... not just over recent years" but over decades, the former NSA systems analyst told the award ceremony Monday in Swedish Parliament by video link.

Snowden split the honorary portion of the award with Alan Rusbridger, editor of the Guardian, which has published a series of articles on government surveillance based on documents he leaked.

The \$210,000 US cash portion of the award was shared by Pakistani human rights activist Asma Jahangir, Basil Fernando of the Asian Human Rights Commission and U.S. environmentalist Bill McKibben.

THE ASSOCIATED PRESS

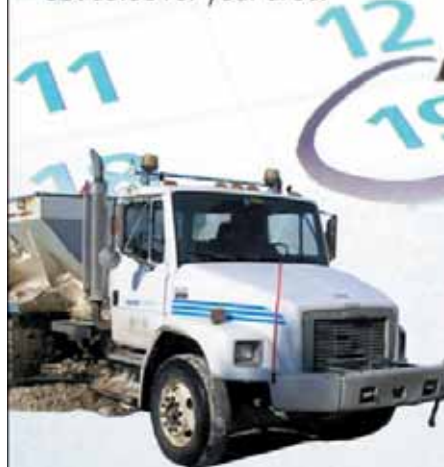
What is the Snow Day in your Neighbourhood?

The City of Edmonton will be blading neighbourhood roads on a set day starting this year. That means that just like your waste pick-up schedule, **the day of the week that crews will blade residential streets will be the same throughout the snow season.**

Knowing when winter roadway maintenance will happen means you'll know when to move your vehicle so that crews can do the best job possible, and can help you avoid getting your car stuck behind a windrow!

Neighbourhood blading will only take place on weekdays, not on weekends. You'll be able to find out which day of the week has been chosen for your area when the City of Edmonton announces its first blading cycle. You can visit www.edmonton.ca/winterroads at that time to use the interactive map or call 311.

Please remember that crews work around the clock during blading, and can be on your street at any time during the 24 hours designated. We greatly appreciate your assistance in making sure crews have complete and clear access to the roads during the day set aside for your area.



Blading trucks smooth the snow pack on roads to a maximum 5 cm base. Windrows will be kept to a maximum height of 30 cm in front of driveways.



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Canadians expect debt in retirement: survey

Home equity.

Ten per cent of polled expect to refinance home for retirement

Canadians may dream of retiring debt-free, but research done for Manulife suggests nearly 20 per cent of homeowners expect to lean on the value of their homes to finance life after work.

An online survey conducted for the financial services company found about half of the 2,373 respondents expected to still be in debt when they retire.

Of those polled, 10 per cent planned to borrow against their current homes, while about eight per cent were looking to downsize and use money from the sale of their home as income.

Using home equity as a "fall-back plan" suggests some Canadians are struggling to balance retirement with paying down debt, Manulife Bank CEO Rick

Night of the living debt

The Manulife survey also found that many still struggle with financial literacy. For example, one-quarter of respondents didn't consider mortgages or auto loans to be part of their overall debt. Older respondents were less confident in their retirement goals and about half planned to continue working full-time or part-time to extinguish their debt, the survey said.

Lunny said in an interview.

"If people think they're going to take out second mortgages and larger mortgages when they retire, that's a pretty concerning view and evidence of no financial plan whatsoever," Lunny said.

Manulife's findings come after years of warnings from the Bank of Canada and the federal Finance Department that many people are still

amassing too much debt.

Throw in concerns that Canada's housing market may be overpriced, and the likelihood that interest rates will rise in the coming years, and several additional levels of risk could be introduced into the financial equation.

"Canadians have been lulled into this sense of security because they're paying three per cent or less on their mortgages, but that could change very quickly," Lunny said.

Taking advantage of housing wealth in retirement isn't necessarily a bad decision, suggested Thomas Davidoff, an assistant professor at the Sauder School of Business in Vancouver.

"What I think, arguably, would be crazy is to live a meagre retirement and not have tapped an enormous asset," he said.

"It really depends on how important it is for you to leave wealth to your heirs, and how nervous you are about surprise expenditures."

THE CANADIAN PRESS



Selling internet cookies

Girl Scouts Bria and Shirell practice selling cookies on one of two new digital platforms. For the first time in nearly 100 years, Girl Scouts of the USA is allowing its young go-getters to push their wares using a mobile app or personalized websites.

THE ASSOCIATED PRESS/GIRL SCOUTS OF THE USA

TFW program

Foreign workers need path to permanence: CFIB

The Canadian Federation of Independent Business is calling on Ottawa to replace its controversial temporary foreign worker program with a visa that would provide a path to permanent residence for entry-level employees from abroad.

THE CANADIAN PRESS

Market Minute



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Jobs' posthumous words to be heard at iPod trial

A billion-dollar class-action lawsuit over Apple's iPod music players heads to trial on Tuesday in a California federal court after nearly a decade in legal wrangling.

Attorneys for consumers and electronics retailers claim Apple Inc. used software in its iTunes store that forced would-be song buyers to use iPods instead of cheaper music players made by rivals. The software is no longer used, but the plaintiffs argue that it inflated the prices of millions of iPods sold between 2006 and 2009 — to the tune of \$350 million.

Under federal antitrust law, the tech giant could be ordered to pay three times that amount if the jury agrees with the es-

The wheels of justice

"The fact that this case is still going 10 years later is a sign that technology often outpaces law."

Mark Lemley, Stanford law professor

timated and finds the damages resulted from anti-competitive behaviour.

Underscoring the case's hoary origins — it was filed in January 2005, which is eons ago by Silicon Valley standards — one of the key witnesses will be legendary Apple CEO Steve Jobs, who died in 2011

but will be heard in a video-taped deposition.

In 2003 Apple quickly became the world's biggest legal seller of downloaded songs after launching its iTunes store. Apple encoded the songs sold through iTunes with FairPlay "digital rights management" software that prevented unauthorized copying. FairPlay was also built into iPods.

But FairPlay was incompatible with anti-copying code used by other online music sellers. As a result, songs purchased on iTunes could not be played on competing portable devices. This prevented competition that would have driven down iPod prices, plaintiffs say. THE ASSOCIATED PRESS

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VOICES

THE SPECTACLE OF SPORT

Bunnies in bikinis shovelling ice shavings at NHL games, squawking victory dances for getting a ball over a line at the NFL— this is the modern game, folks



PAUL SULLIVAN
readers@metronews.ca

There's a line. And somebody always crosses it.

For me, it's ice girls at NHL games. Nothing more readily demonstrates the low to which pro sports will go than dressing up a bunch of young women in bikinis and sending them out onto the ice on skates with shovels to clean up around the goalie nets during stoppages in play.

I'm not sure who started it, but nearly every team in hockey now exploits its own ice girl squad, presented in varying degrees of absurd, degrading skimpiness. Something about bare skin and ice just says "kinky". Hard to resist.

It's not as if anyone has tried (resisting, that is). Go to any pro sports game, and especially if you don't get around much any more, you'll be amazed. Not in a good way.

It's as if the owners are consumed with anxiety that their sport, at least in its unadorned state, is boring, so they have to extreme-tart it up. Fans can easily pay \$800 for a pair of tickets, so we need to give them their money's worth. Cue the spectacle.

There's not a second of dead air. The moment Phil Kessel ices the puck, the ice girls come flouncing out, shovels at the ready. Meanwhile, some DJ is using an airgun to fire treats



Tim Thomas of the Dallas Stars stretches while an ice girl skates past in this 2013-14 photo. RONALD MARTINEZ/GETTY IMAGES

such as rolled up T-shirts into a rabid crowd screaming "Gimme Dat" so loud it drowns out "Go Team Go". Over at the penalty box, the team mascot is mauling some delighted fan to Pitbull at 120 decibels, while the Jumbotron

features the tonsil hockey tournament up in the nosebleeds.

I'm amazed that nobody seems to mind paying \$800 to be so infernally distracted. Not only do they not mind, fans and players are willing

co-conspirators. Fans are strategically rude to the visiting team, and proud of it. In Seattle, the idea is to make so much noise that the other NFL team can't hear itself call the play, so the players end up violating the rules of procedure in various complicated ways. This boorish behaviour is called "The 12th Man" because NFL teams have 11 players, unlike CFL teams, which have 12 and have to resort to the 13th man.

Football players, all of whom make more money than you or I will ever see in our lifetimes, like to celebrate doing their jobs with all kinds of dances and pantomimes. It's as if I just finished that last sentence and liked the phrase "dances and pantomimes" so much I did the bird dance around the desk while squawking "I am the greatest."

Of course, every square inch of the arena or stadium not required for crowd control or used in the actual game is plastered with advertising. The innovation of electronic signage makes it possible to bombard the senses with hundreds of flashing images of sequential sponsors. You can run (to the concession stand, bwa-ha-ha!) but you can't hide.

About the only throwback to the good old days is when a fight breaks out on the ice.

Say what you will about all these newfangled innovations, but give me the spectacle of 19,000 people screaming as one for blood. Now that's hockey.

Cetaceans in captivity

Last week the Vancouver Park Board narrowly voted against a proposal to ban captive breeding at the city's aquarium. Metro's Kristen Thompson talks to a cetaceans' rights activist and an aquarium biologist to get their opposing views

BREEDING PROGRAMS NO EXCUSE NOT TO FREE WILLY

Jeremy Larivee runs an animal rights group called Ocean Voice in London, Ont., with a focus on the plight of whales and dolphins.

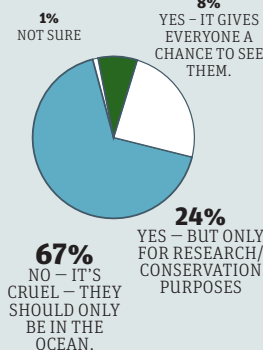
What oppositions do you have for keeping whales and dolphins in captivity? These are sentient beings that are highly sophisticated and have complex family structures. They range multiple miles in a day, they hunt, they play in the open ocean. Yet we have ... two or three in tanks. Exhibits don't resemble their natural habitat. They have no rocks. They get fed dead fish. They don't even get to hunt. You are taking away their basic instincts. And it's all for human entertainment.

Is there a need to keep them in captivity in some cases? If it was a true

rescue. To me it (would be) bringing the animal in, rehabilitating it, and re-releasing it into the environment. If it can't (be re-released), why can't we move to a sanctuary model in the ocean where they feel the natural rhythms of the tide, the water, what it feels like to be in the ocean? Study them in their natural habitat.

People often compare places like MarineLand with aquariums. Do you think there are differences or are they equally harmful? They are both exploiting animals for human entertainment. We need to look at alternative ways to learn about these animals. You can learn more by watching a documentary or go on whale-watching tours and see these majestic animals in their natural environments.

WE ASKED:
SHOULD WHALES & DOLPHINS EVER BE KEPT IN CAPTIVITY?



Dr. John Nightingale is a biologist and the president and CEO of the Vancouver Aquarium, which describes itself as a non-profit conservation organization deeply committed to conserving aquatic life.

Why is there a need for cetaceans in captivity? The Arctic (is) being impacted by the changing climate and other human activities at an unprecedented rate ... in a part of the world with very few scientists. (Our work) has led to groundbreaking research that bridges from the aquarium to the wild. Dr. Valeria Vergara's work in the aquarium on mother and calf contact calls, which she has currently applied with wild beluga whales in Canada's Arctic, is effective because techniques and analysis were

worked out at the aquarium first. This research may help save Canada's belugas as they are threatened by impending shipping traffic and related shipping noise.

What misconceptions do people opposed to cetaceans in captivity have? Each aquarium has a unique mandate. Vancouver Aquarium's (staff) have five decades of experience in cetacean care, research and rescue efforts. The decision on how to continue with Canada's cetacean research and rescue efforts should be left in the hands of Canada's experts and based on facts and science. By all measures — behaviour, stress and other medical tests, and general activity — beluga whales in our care are thriving.



She & Him swap notes

Music. Zoëy Deschanel and M. Ward, a.k.a. She & Him, talk tough cover songs as the duo release their new collection, *Classics*

The musical duo She & Him — that's Zoëy Deschanel and M. Ward — convened a 20-piece orchestra to make *Classics*, a collection of songs written between 1930 and 1974.

It's an eclectic list of compositions popularized by the likes of Frank Sinatra, Herb Alpert, the Righteous Brothers and Dusty Springfield. So we thought it would be fun to talk to the artists about songs that stick out in their minds for various reasons.

A song you'd like to cover but intimidates you

Ward's choice: This Is Radio Clash by the Clash. It's one of his favourite bands, but he doesn't think it's in his vocal range. "There is a certain attitude to their music, and to the Ramones' music, that I think is untouchable," he said.

Deschanel's choice: Paris 1919 by John Cale. "I don't think I could pull it off," she said.

A song from the last 20 years or so that will someday be seen as a classic

Deschanel's choice: Open Up Your Door by Richard Hawley. She also loves Hawley's *Tonight the Streets Are Ours*. "I'm a huge fan," she said.

Ward's choice: Kool Thing by Sonic Youth. He's moved by the guitar and contribution from Public Enemy's Chuck D. "The future of music is combining things that don't



Zoëy Deschanel, left, and M. Ward from She & Him. AUTUMN DEWILDE/THE FUN STAR/THE ASSOCIATED PRESS



really belong together," he said. "That's what the best artists have been doing since time began."

A song that's been unfairly trapped in its time

Ward's choice: Lovers Rock by Sade. "The record is pretty timeless, and I think she gets put in a bubble of '80s music because of *Smooth Operator*," he said.

Deschanel's choice: I Like It by DeBarge. "The song is

really well written and versatile. I think it would actually make a great country song," she said. Honorable mention is Mariah Carey's *All I Want for Christmas Is You*. "I would really like to hear it without those keyboards."

The hardest song you've ever had to sing

Deschanel's choice: Sleight Ride, written by Leroy Anderson. (The Andrews Sisters recorded the first vocal version in 1950.) "It seems like it would be simple, but it changes keys twice in the bridge so it's quite difficult," she said. "In spite of its trickiness it's worth it because it's a fantastic song."

Ward's choice: The Red and the Black by Blue Oyster Cult. He still has nightmares about the time Mike Watt invited him onstage to cover it, and it turned out to be much

faster than he remembered.

Favourite song to do from the new album, *Classics*

Ward's choice: Oh No, Not My Baby, written by Gerry Goffin and Carole King. "It's my favourite blend of strings and brass that I've ever produced," he said. "It reminds me of some of my favourite productions by George Martin or Phil Spector — producers whose music I could listen to forever."

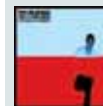
Deschanel's choice: Unchained Melody, written by Alex North and Hy Zaret. Recording vocals with the Chapin Sisters made it a treat. "We recorded it live with three microphones in the same room and did only one take," she said. "There's something very special about not just recording a song, but a single moment in time as well." **THE ASSOCIATED PRESS**

Listen to this



SOUND CHECK
Alan Cross
scene@metronews.ca

Do the Damage/ Noel Gallagher's High Flying Birds



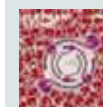
The elder Gallagher's next album won't be out until March, but we've already been granted a second look at what it might sound like. If *Do the Damage* is any indication of what's coming, all should be well.

Around Again/ Phil Selway



Radiohead has just started recording their new album. Meanwhile, though, their drummer is trying to do a Dave Grohl — and damn if this isn't some fine stuff. The video is very, very pretty, too.

Knock You from Yr Mountain/ Elephant Stone



This Montreal band is now up to their third album and I've enjoyed every one. Please let *The Three Poisons* be their breakthrough.

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John Boyega ALL PHOTOS GETTY IMAGES

Boyega's trooper uniform in new Star Wars trailer sparks a storm of racism

The first face to pop up in the new Star Wars trailer was that of British actor John Boyega, apparently donning an Imperial Stormtrooper uniform.

Granted, we know basically nothing about the plot of the new film, or what his character is doing dressed like that, but some people

already have a problem with it. Racist people, mostly.

Well, Boyega is taking the high road, if cheekily.

He posted a thank you to massive outpouring of fan support so far and, at the end, tossed in a pitch-perfect, "To whom it may concern ... Get used to it."

Tattooed fan rolls the dice that ball droid is good guy

Speaking of Star Wars, think your response to the first teaser for The Force Awakens was big? Well, time to raise your fanboy game, because this guy has everyone beat.

Barely two days after the trailer hit the Internet, 22-year-old Arizona Instagram user Jordan Breckon went out and got the new ball droid featured in the clip tattooed on his leg. Now that's dedication.

Here's hoping the robo-character turns out to be important to the story.



Star Wars ball droid

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Melissa Rivers tweets on her dead mom's coat tails



NED EHRBAR
Metro in Hollywood

I've got a social media etiquette quandary for you: What's the policy for making use of a loved one's Twitter account after they've passed away? What if that person is a hugely famous comedy pioneer?

Fans of Joan Rivers got quite a shock over the U.S. holiday weekend when the comedienne starting tweeting again, three months after she passed away. It turns out it was just her daughter, Melissa Rivers, taking over the account.

Since then, Melissa has been posting mostly about trips to the theatre with her son, Cooper, and the same tweets have been duplicating to her own account.

But here's the thing: Joan's Twitter account has 2.2 million followers, while Melissa's has just



231,000.

She does know you can change the display name, right? And the photo? It won't even affect the follower count, if that's what she's worried about. You don't have to make it look like Joan Rivers is tweeting from beyond the grave.



Amanda Bynes

Amanda Bynes' parents are Uber protective of her

This maybe isn't exactly the kind of celebrity endorsement the folks behind Uber were thinking of, but hey, you take what you can get.

Amanda Bynes' parents have reportedly started using the app as a compromise to both let their troubled daughter do her own thing but still keep tabs on her.

"Amanda's mom, Lynn, set up the Uber car service

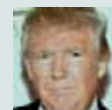
on her daughter's cell-phone," a source tells Radar Online.

"Uber can take Amanda anywhere she needs to go and it's paid for out of Amanda's estate, since her mom has conservatorship.

"This allows Amanda to have independence. But at the same time, her parents can track where she goes."

Man, wait until they find out about Find My iPhone.

Twitter



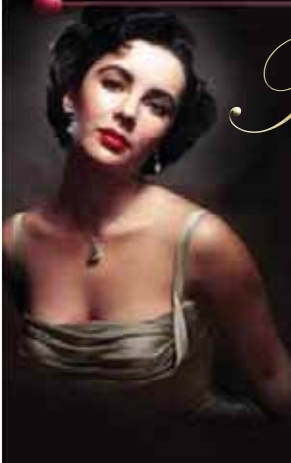
@realDonaldTrump

Bill Cosby is foolish, stupid, or getting bad advice in remaining silent if he is innocent. Probably guilty! Not a fan.



@JuddApatow


The cast and crew of the Cosby Show has been silent. They must be stunned. Or not stunned at all.



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Mental wellness.

Social media can run havoc on our self-worth. Is it possible to have a healthy online experience?

BEE
QUAMMIE
life@metronews.ca

Jessica Johnson, 29, had a love-hate relationship with social media — she loved connecting with people but often ended up feeling bad about her own life.

“Selfies are fun until you start over analyzing your looks,” she says.

“Facebook is fun until you see amazing things happening for friends that aren’t happening for you. It’s easy to measure yourself based on Instagram likes and Twitter followers, too.

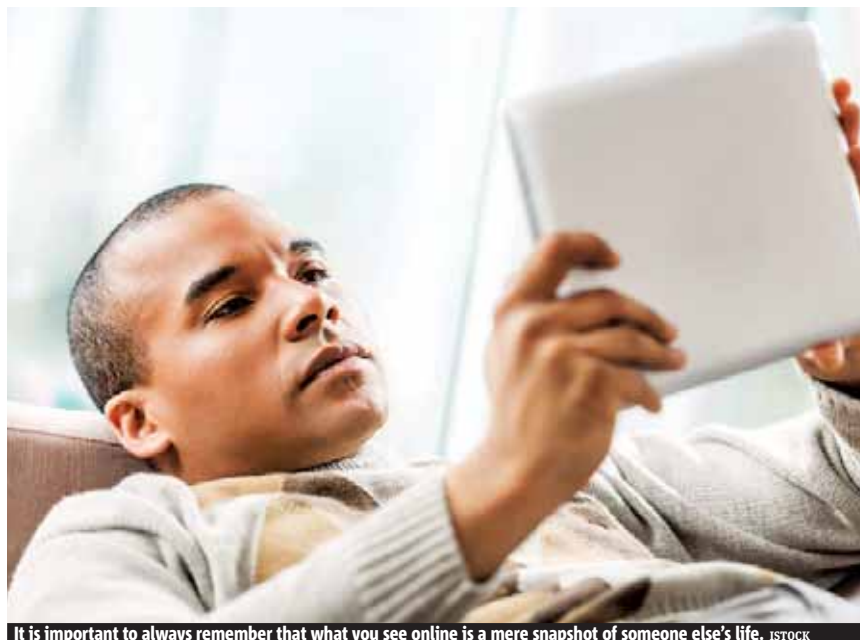
“When you really think about it, it doesn’t make sense. But in the moment, it really affects you.”

Johnson is among roughly 73 per cent of adults online who use a social-networking site of some kind, according to Pew Research Centre’s 2013 Social Media Update Project.

And while these sites have become ingrained in our society, their effects on emotional wellness are often overlooked.

According to a range of studies, the negatives can outweigh the positives.

Sweden’s University of Gothenburg examined the link between Facebook usage and self-esteem, and their findings



It is important to always remember that what you see online is a mere snapshot of someone else's life. iStock

revealed strong negative correlations between the two.

As participants’ Facebook interactions increased, their self-esteem decreased.

A study at Western Illinois University, meanwhile, addressed the connection between social media and narcissistic behaviours. Study results confirmed that Facebook provides the perfect environment for narcissists, who have “a pervasive pattern of grandiosity, need for admiration and an exaggerated sense of self-importance.”

“What people choose to present about their lives online — or anywhere, really — is not

the full picture of their existence,” say clinical therapists Corrine Carter and Melissa Kroonenberg of New Roots Therapy in Whitby, Ont.

“Thus, when we compare ourselves to others’ lives online, we end up comparing the full scope of our experience with only a segment of others.”

Carter and Kroonenberg, who often deal with clients who are experiencing emotional issues due to social media problems, also urge people to connect with the deeper meanings behind their reactions on social media.

They say investigating why social media makes you feel

the way it does can reveal a lot about your emotional well-being.

“If you can connect with the underlying meaning of the situation, you can use that to take action and move toward what’s important to you, rather than focusing on the self-judgment itself, which diminishes your worth,” add Carter and Kroonenberg.

Johnson says it took her time to balance her emotional health with being an avid social media user.

“I started getting motivated by others’ good news on Facebook instead of being jealous. It feels great to have accomplish-

Healthy Likes

Therapists at New Roots Therapy in Whitby, Ont., offer tips for maintaining healthy social media intake.

- **Don’t compare.** Even if we could compare ourselves to the full picture of someone else’s life, the comparison leads to a sense that our self-worth is conditional, and is tied to external factors. This leaves us with less control over our own experience.
- **Take a hint.** Instead of letting self-judgment take over, use it as a cue that something in the situation is connected to your underlying values and be curious about what those underlying pieces are.
- **Motive.** Ask yourself, “What do I want to get out of using social media?” By getting clear on your goals, you’ll be better able to determine when social media exposure may be impacting your stress levels and self-esteem.

ments of my own to share. And when it really gets to be too much, I take a break altogether.

“Social media really shouldn’t affect your self-esteem as much as it does. But if it’s going to, I want it to be in a positive way.”

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Theresa Albert
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Fast food needs to be a sometimes solution and deep-fried has gotta go.

The more often you choose single, recognizable ingredients the better off you are.

It is that simple.

It is true that antibiotics are used as approved by Health Canada and the Canadian Food Inspection Agency.

Chicks are weaned off feed containing antibiotics to be sure that there are no residues by the time they hit the store shelves.

Organic chickens are fed organic feed without antibiotics unless there is an illness and then those chickens are separated from the group.

Unless and until we are all raising our own poultry or have access to a farmer who does, you have to choose the best you can in each eating situation.

Whatever chicken you buy, keep these tips in mind:

- Buy a whole chicken to get the best price per pound (cutting into pieces incurs labour).

- Save time and money by purchasing a whole chicken, cut it up and prep the pieces into easy dishes and then freeze or refrigerate until ready to



Ingredients

- 4 chicken breasts
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- 1 lemon, divided into 2
- 2 tbsp grapeseed oil
- 1 tsp garlic powder
- Pinch sea salt

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- You'll find more fat and calories in legs, but also more iron.

- Bones and fat add flavour; buying cuts without them adds cost.

- Chicken cooked with the skin on stays more moist and isn't higher in calories. You still have to toss the skin but use it during cooking to keep your chicken moist.

There's a reason chicken is the No. 1 protein in Canada: it's affordable, loaded with protein, and delicious no matter what cuisine you are into at the moment.

One Step Marinated Chicken Breasts

1. Place 4 breasts in freezer bag and add marinade of your choice (Za'atar spice mix and lemon is one suggestion), reserving 1/2 lemon. Freeze. Thaw before continuing.

2. Empty into a baking dish and microwave for 10 minutes to partially cook and speed the process. Bake at 350 F for 25-30 minutes.

3. Squeeze 1/2 lemon over chicken and sprinkle with sea salt.

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76ers have no answer for Leonard, losing streak

The Spurs' Kawhi Leonard attacks the basket against the 76ers' Brandon Davies on Monday night in Philadelphia. The Spurs sat Tim Duncan and Tony Parker, but Leonard scored a game-high 26 points and had a crucial three-point play in the final minute in a 109-103 win, extending Philadelphia's franchise-worst losing streak to start the season to 0-17.

MATT SLOCUM/THE ASSOCIATED PRESS



Fucale figures to be front and centre

WJC. QMJHL will have fair share of supporters when world juniors get underway in Montreal

While Connor McDavid will be the star, he will likely share the 2015 world junior championship spotlight with goaltender Zach Fucale.

Fucale will not only be one of the local boys, he is also a Montreal Canadiens draft pick and will have a huge cheering section when Canada opens the tournament Dec. 26 at the

NHL roster freeze

Still unclear is whether some 19-year-olds currently playing in the NHL will be loaned to Team Canada. The clubs have until the Dec. 19 NHL roster freeze to decide.

Bell Centre against Slovakia.

"There's pressure everywhere, whether it's in junior or anywhere you step on the ice," the Halifax Mooseheads goalie said Monday as Hockey Canada released a list of 29 players invited to the team se-



Zach Fucale in Montreal on Monday
THE CANADIAN PRESS

lection camp that opens Dec. 11 in Toronto.

"We're living the moment and we don't really have time to think about it. We just try to

get ready for the games."

Canada finds itself in a five-year gold medal drought — and two years without any medal at all. It hopes to end that by icing a team of mostly 19-year-old players, at least seven of whom are returning from last year's tournament.

All are 19 except McDavid, the 17-year-old phenom who is expected to go first overall in the NHL draft in June. The Newmarket, Ont., native broke a bone in his right hand in a fight Nov. 12, but he is expected to skate with the team in camp and be ready for the tournament. **THE CANADIAN PRESS**

NHL

Lightning strike down Rangers

Brett Connolly's second goal of the game during a third-period power play lifted the Tampa Bay Lightning to their third straight win over the New York Rangers, 6-3 on Monday night.

With Martin St. Louis off for slashing, Connolly scored past Henrik Lundqvist at 5:34 for his fourth of the season. Tyler Johnson gave the Lightning a two-goal lead 1:24 later with his second of the night, and Ondrej Palat added an empty-netter with 26.4 seconds left to give Tampa Bay its fourth consecutive victory.

Victor Hedman had three assists, and Ben Bishop made 32 saves to improve to 8-0 against the Rangers. **THE ASSOCIATED PRESS**

MLB

Adderall the main cause of positive drug tests: Report

While 113 big leaguers had exemptions in the past year to use otherwise banned substances to treat Attention Deficit Hyperactivity Disorder, Adderall caused eight of the 10 positive tests for stimulants under Major League Baseball's drug program.

A report released Monday by MLB's independent program administrator detailed the findings. Dr. Jeffrey M. Anderson's report showed that therapeutic use exemptions given to 40-man roster players to treat ADHD were down from the 119 in the year ending with the 2013 World Series.

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AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

Aries

March 21 - April 20

You can't solve a personal problem until you admit it exists. However, you will discover the solution is easy. It was there all the time but you did not let yourself see it.

Taurus

April 21 - May 21

You cannot be on good terms with everyone all of the time — even a good-natured Taurus will fall out with friends and loved ones once in a while. But it's no big deal.

Gemini

May 22 - June 21

You will need to be tough, maybe even ruthless, to protect your interests against those who would like to see you fail.

Cancer

June 22 - July 23

You will be called upon to make a daring decision that only you can get away with. You have a wealth of good ideas but do you have the drive and the determination to do something with them?

Leo

July 24 - Aug. 23

You don't have to be nice if you feel someone is trying to hustle you. The best way to protect yourself is to go on the attack!

Virgo

Aug. 24 - Sept. 23

The planets urge you to focus not on the things you want but on the things you need — and yes, they are different.

Libra

Sept. 24 - Oct. 23

You may be wondering if you would be better off in a different place with a different group of people. Maybe you would, but don't make any hasty decisions.

Scorpio

Oct. 24 - Nov. 22

There is no point throwing yourself at something you simply don't enjoy doing. The planets indicate it may be time for a change — and a big change at that.

Sagittarius

Nov. 23 - Dec. 21

You may have good reason to be annoyed with a certain individual but is it worth the effort and the anguish? Probably not.

Capricorn

Dec. 22 - Jan. 20

The task you have set yourself may be tough but you will find success. Nothing and no one can beat you, so long as you remember that challenge and opportunity are two sides of the same coin.

Aquarius

Jan. 21 - Feb. 19

You will have to make a choice between two equally desirable things today — and, no, you cannot have both.

Pisces

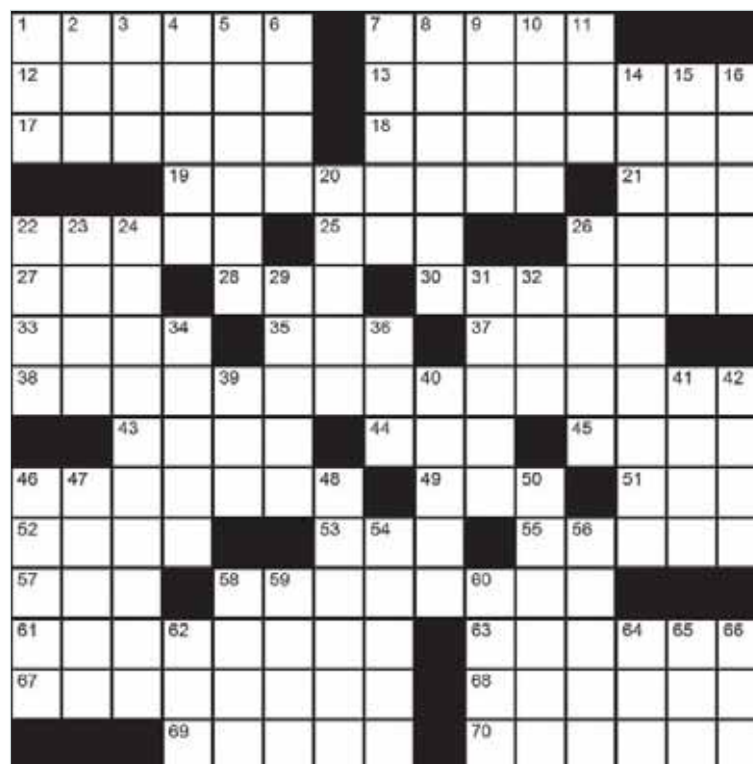
Feb. 20 - March 20

The Sun in Sagittarius has a tendency to make you fret about your career but there is no need. Whatever changes happen will be good for you.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

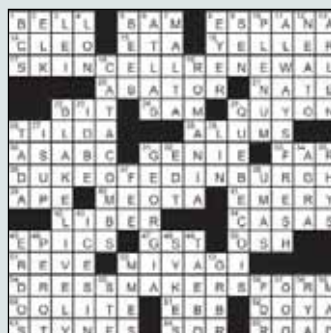
1. Newfoundland dish, Fish and ___
7. Byes, in Italy
12. Like the kids in Canuck comedy "Meatballs" (1979): 2 wds.
13. Dolores ___ (Teacher at Hogwarts)
17. Establishment for pampering Fido: 2 wds.
18. The four largest satellites of Jupiter
19. ___ Playhouse (Theatre in Winnipeg since 1914)
21. "To ___ is human."
22. Female fortune-teller of ancient times
25. French season
26. High hairstyle
27. Restaurant chain, ___ Friday's
28. 'A' in ETA, briefly
30. Make the knife more cut-worthy
33. Golden gymnast Ms. Korbut
35. Hesitant sounds
37. Vase's handle
38. Planned attention-getting events: 2 wds.
43. Fats Domino hit: "___ That a Shame"
44. Ms. Benatar
45. Indisputable
46. Type of sleeveless shirt: 2 wds.
49. Calgary International Airport code
51. New Zealand parrot
52. Needs manners
53. Kanga creator's monogram
55. Moulding styles
57. Pique
58. Pattie __, Justin Bieber's mom
61. Theatre Passe __, in Toronto



52. Needs manners
53. Kanga creator's monogram
55. Moulding styles
57. Pique
58. Pattie __, Justin Bieber's mom
61. Theatre Passe __, in Toronto
63. Gain
67. Contagious disease in early Canadian history
68. CTV crime drama
69. City in Iraq
70. Noisily napped
- Down
1. Cartoon punch
2. Traveller's li'l way
3. 'Outer'-meaning prefix
4. Like a nest-living stinging bug
5. Antelope of Africa
6. Traverse
7. Bandleader Xavier

15. Avant-___
16. Company in 2001 headlines
20. Country songstress Ms. Clark
22. Halt
23. 'Snow house' in Inuktitut
24. 1930s and 1940s in music history: 3 wds.
26. Bear, in Latin
29. Right-hand page
31. Impulsive
32. Emmet
34. Comparable
36. "Vaseline" rock gr.
39. Percentage on a chg. card
40. "I've succeeded!": 2 wds.
41. Squirrel's spot
42. Tasman and Sargasso
46. Clips
47. Gold, in Latin
48. Paleness
50. T-Shirt material
54. Singer/pianist, ___ Ray Joel
56. Spanky & Our Gang's "Like to ___ Know You"
58. Ben Mulroney's mom
59. Swiss peaks
60. Highland hats
62. Western prov.
64. Televisé
65. 'Impress' suffix
66. "The Simpsons" character Mr. Flan-ders

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers



Conceptis Sudoku by Dave Green

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

4	5	9	6	7	3	8	2	1
8	3	2	1	9	5	6	4	7
7	6	1	8	2	4	5	9	3
6	2	3	5	8	9	1	7	4
5	8	4	2	1	7	3	6	9
9	1	7	3	4	6	2	5	8
1	9	8	7	5	2	4	3	6
3	4	5	9	6	8	7	1	2
2	7	6	4	3	1	9	8	5

			9	1	4			
		9				6		
	5			3			2	
4								9
2		6	1	8	5	7		3
5								2
	6			5			3	
		2				4		
			8	7	6			

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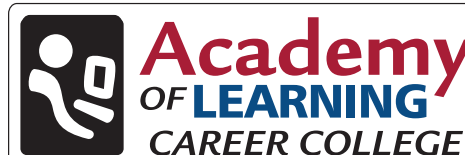
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